



Part C. - THE DEFINITIONS OF THE FRUIT

1. Agape - love

Definition - To serve a person for their good and intrinsic value, not for what the person brings you.

Opposite - Fear: self-protection and abusing people.

Counterfeit - Selfish affection. Rescuing someone but really rescuing self. Attracted not to person, but to how this person's love makes you feel about yourself.

2. Chara - joy

Definition - Delight in God and his salvation for sheer beauty and worth of who he is.

Opposite - Hopelessness, despair.

Counterfeit - Elation that comes with blessings not the Blessor! Mood swings based on circumstances.

3. Irene - peace

Definition - Confidence and rest in the wisdom and sovereignty of God more than your own

Opposite - Anxiety and worry

Counterfeit - Indifference, apathy, not caring about something. "I don't care."

4. Makrothumia - patience

Definition - Ability to take trouble (from others or life) without blowing. To suffer joyfully.

Opposite - Resentment toward God and others.

Counterfeit - Cynicism. Self-righteousness. "This is too small to be bothered about."

5. Chrestotes - kindness

Definition - Practical kindness with vulnerability out of deep inner security.

Opposite - Envy. Unable to rejoice other's joy

Counterfeit - Manipulative good deeds. "Right hand knowing what left hand is doing."

Self-congratulation and self-righteousness.

6. Agathosune - goodness. (integrity)

Definition - Honesty, transparency. Being the same in one situation as another.

Opposite - Phoniness; hypocrisy.

Counterfeit - Truth without love. "Getting it off the chest" for your sake.

7. Pistis - faithfulness.

Definition - Loyalty. Courage. To be principle-driven, committed, utterly reliable. True to one's word.

Opposite - Opportunist. Fair-weather friend.

Counterfeit - Love without truth. Being loyal when you should be willing to confront or challenge.

8. Prautas - gentleness. (humility)

Definition - Self-forgetfulness.

Opposite - Superiority: self-absorbed self-aggrandizement.

Counterfeit - Inferiority: self-absorbed, self-consciousness.

9. Egkrateia - self-control

Definition - Ability to choose the urgent over the important thing.

Opposite - A driven, impulsive, uncontrolled person.

Counterfeit - Willpower through pride or through more "functional" idols.

